

# **CAREER AND TECHNICAL EDUCATION CERTIFICATE**

Licensure Requirement Details

## **HEALTH FITNESS #4115**

*Prepared by the Office Career and Technical Education*

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### **INTRODUCTION**

The following information is provided by the Department of Education to serve as a self-evaluation guide for individuals interested in applying for a career and technical education teaching certificate in the State of New Jersey using the alternate route program. The guide provides information about eligible degrees, employment experience, and self-employment experience that can be used to apply for a certificate. It also contains information regarding required state-issued licenses or credentials, when applicable. Note that this guide is not meant to be used to determine actual eligibility to apply, and it does not contain all of the requirements for an actual certificate application. For complete application information, visit the Office of Licensure and Credentials website at <http://www.nj.gov/education/educators/license/>. Individuals who do not hold the required credentials listed on this detail page should consult **Part F: Other Credentials**.

### **PART A: CAREER AND TECHNICAL EDUCATION CERTIFICATE AND PROGRAM**

The holder of a **Health Fitness Career and Technical Education Certificate #4115** issued by the New Jersey Department of Education is eligible to teach in the following secondary career and technical education program offered by public school districts in the State of New Jersey:

- ***Athletic Training/Trainer, Program CIP Code #510913:*** A program that prepares individuals to work in consultation with, and under the supervision of physicians to prevent and treat sports injuries and associated conditions. Includes instruction in the identification, evaluation, and treatment of athletic injuries and illnesses; first aid and emergency care; therapeutic exercise; anatomy and physiology; exercise physiology; kinesiology and biomechanics; nutrition; sports psychology; personal and community health; knowledge of various sports and their biomechanical and physiological demands; and applicable professional standards and regulations.

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#### **PART B: REQUIRED STATE-ISSUED LICENSE OR CREDENTIAL**

Applicants for the **Health Fitness Career and Technical Education Certificate #4115** must submit a copy of a current New Jersey State Athletic Trainer License\* issued by the New Jersey Athletic Training Advisory Committee as per N.J.A.C. 13:35-10.3. New Jersey Athletic Training Advisory Committee website: <http://www.state.nj.us/oag/ca/athletic/>

**\*NOTICE:** Individuals holding a license issued by a state, county, municipality or government agency other than the New Jersey Athletic Training Advisory Committee will not meet the licensure requirement for this certificate. Applicants must obtain a license from the New Jersey Athletic Training Advisory Committee prior to applying to the New Jersey Department of Education for a Health Fitness Career and Technical Education Certificate.

#### **PART C: APPLICATION FOR CERTIFICATE USING A DEGREE**

##### **Option 1: Bachelor's degree or higher**

Applicants using this option must meet all of the following requirements, and should review the requirements prior to submitting an application. The requirements include the following:

- Possession of an eligible degree and an eligible grade point average (GPA)
- Successful completion of an examination in physiology, hygiene and substance abuse issues
- Successful completion of a 24-hour introduction to teaching course
- Possession of a current New Jersey State Athletic Trainer License

##### **Requirements:**

1. Applicants must submit the following:
  - a) An official, sealed copy of their transcript(s) for a bachelor's degree or higher in a Department-approved subject area for the certificate. Applicants must have completed at least 30 credits in a coherent sequence of courses in the subject area from a regionally accredited college or university. Approved subject areas include the following:
    - *Bachelor's degree program that is approved by the National Athletic Trainers' Association Board of Certification, Inc., or its successor.*
  - b) The applicant's GPA must be 2.75 or higher. Applicants with a bachelor's degree or higher who graduate on or after September 1, 2004, with a GPA that is below 2.75 in a four-year degree program, but at least 2.50 when a GPA of 4.00 equals an A grade, must apply in accordance with the requirements of **PART D or PART E**, below.
2. Applicants must pass an examination in physiology, hygiene and substance abuse issues pursuant to N.J.A.C. 6A:9-5.9, including the effects of narcotics and alcohol. The examination is administered at the county offices of education. In lieu of this examination, the applicant may present basic military training or college-level study in

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areas such as biology, health or nutrition. To obtain details regarding this examination, contact a county office of education: <http://www.state.nj.us/education/counties/>

3. Applicants must complete a 24-hour introduction to teaching course through an authorized provider, which serves as an introduction to the teaching profession for those individuals who are exploring career options. Topics include classroom management, lesson planning, introduction to New Jersey core curriculum content standards, and assessment of pupil progress. To obtain information regarding this requirement, read the section titled, "New Requirement for Certificate of Eligibility," on the following website: <http://www.nj.gov/education/educators/license/advisories/applicant.htm>
4. Applicants must submit a copy of a current New Jersey State Athletic Trainer License as described under **PART B**, above.

#### **Option 2: Associate's degree**

Currently, an associate's degree is not an available option for this teaching certificate. Individuals must apply using the requirements of **PART C, Option I**, above.

### **PART D: APPLICATION FOR CERTIFICATE USING EMPLOYMENT EXPERIENCE**

**NOTICE:** The employment option is only available to applicants with an approved degree under PART C, Option I, above, and who do not meet the GPA requirement identified under **PART C**. Individuals with employment experience only are not eligible to apply for this teaching certificate.

Applicants using this option must meet all of the following requirements, and should review the requirements prior to submitting an application. The requirements include the following:

- Possession and documentation of eligible employment experience\*
- Successful completion of an examination in physiology, hygiene and substance abuse
- Successful completion of a 24-hour introduction to teaching course
- Possession of eligible degree
- Possession of current New Jersey Athletic Trainer License

**\*NOTICE:** The New Jersey Department of Education uses the federal Occupational Information Network (O\*NET) as its standard for determining eligible employment experience. O\*NET lists the following additional applicable job titles for the **Health Fitness Career and Technical Education Certificate #4115**: *Athletic Trainer, Certified Athletic Trainer, Athletic Instructor, Clinical Instructor, and Resident Athletic Trainer.*

#### **Requirements:**

1. Submit evidence of at least two years (4,000 hours) of eligible full-time or part-time employment in one or more of the job titles identified above, working under a New Jersey Athletic Trainer License or appropriate license for the state in which the employment took place.

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- a) The eligible employment experience must be within 10 years of the date of the application submitted to the New Jersey Department of Education. Employment experience that is older than 10 years will not be accepted.
- b) The eligible employment experience must be documented by the applicant's employer(s) using the Department of Education's Statement of Employment Experience form. If the applicant's eligible employment experience was obtained from more than one employer during the period of time for which eligible hours will be calculated, then a separate Statement of Employment Experience form must be completed by each employer. Employment experience submitted in any other format will not be accepted. Applicants may download the Statement of Employment Experience form from the Department of Education's website at the following link: [http://www.nj.gov/education/educators/license/forms/voc\\_employer\\_experience.pdf](http://www.nj.gov/education/educators/license/forms/voc_employer_experience.pdf)
- c) The employer(s) completing a Statement of Employment Experience form(s) will comment on the applicant's work performance and safety practices for the following general occupational competencies and tools as identified in the O\*NET Job Description for this occupation, as follows:

#### **TASKS:**

- *Conduct an initial assessment of an athlete's injury or illness to provide emergency or continued care, and to determine whether they should be referred to physicians for definitive diagnosis and treatment.*
- *Care for athletic injuries using physical therapy equipment, techniques, and medication.*
- *Evaluate athletes' readiness to play, and provide participation clearances when necessary and warranted.*
- *Apply protective or injury preventive devices such as tape, bandages, or braces to body parts such as ankles, fingers, or wrists.*
- *Assess and report the progress of recovering athletes to coaches and physicians.*
- *Collaborate with physicians to develop and implement comprehensive rehabilitation programs for athletic injuries.*
- *Advise athletes on the proper use of equipment.*
- *Plan and implement comprehensive athletic injury and illness prevention programs.*
- *Develop training programs and routines designed to improve athletic performance.*
- *Travel with athletic teams to be available at sporting events.*

#### **TOOLS & TECHNOLOGY**

- *Facial shields: Face shields; Mouth guards*
- *Orthopedic splint systems: Air splints; Fixed splints; Vacuum splints*
- *Pedal exercisers for rehabilitation or therapy: Elliptical trainers; Exercise bicycles*
- *Pelvis or back traction supplies: Cervical traction units; Lumbar traction units*

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- *Therapeutic heating or cooling pads or compresses or packs: Cold therapy equipment; Heat therapy equipment*
- *Calendar and scheduling software — Scheduling software*
- *Data base user interface and query software: BioEx Systems Exercise Pro; Digital Coach AthleticTrainer; Keffer Development Services Athletic Trainer System ATS; Premier Software Simtrak Mobility*
- *Medical software: ImPACT*
- *Spreadsheet software*
- *Word processing software*

Applicants will attach the above list of tasks and tools to the Statement of Employment Experience form(s) prior to submitting the form(s) to an employer(s) for completion. Based upon the O\*NET Information page 29-9091.00 - Athletic Trainers, O\*NET website: <http://online.onetcenter.org/link/summary/29-9091.00>

2. Applicants must pass an examination in physiology, hygiene and substance abuse issues pursuant to N.J.A.C. 6A:9-5.9, including the effects of narcotics and alcohol. The examination is administered at the county offices of education. In lieu of this examination, the applicant may present basic military training or college-level study in areas such as biology, health or nutrition. To obtain details regarding this test, contact a county office of education: <http://www.state.nj.us/education/counties/>
3. Applicants must complete a 24-hour introduction to teaching course through an authorized provider, which serves as an introduction to the teaching profession for those individuals who are exploring career options. Topics include classroom management, lesson planning, introduction to New Jersey core curriculum content standards, and assessment of pupil progress. To obtain information regarding this requirement, read the section titled, “New Requirement for Certificate of Eligibility,” on the following website: <http://www.nj.gov/education/educators/license/advisories/applicant.htm>
4. Applicants must submit a transcript of an eligible degree as described in **PART C, Option I**, above.
5. Applicants must submit a copy of a current New Jersey State Athletic Trainer License as described in **PART B**, above.

### **PART E: APPLICATION FOR CERTIFICATE USING SELF-EMPLOYMENT EXPERIENCE**

**NOTICE:** The self-employment option is only available to applicants with an approved degree under PART C, Option I, above, and who do not meet the GPA requirement identified under **PART C**. Individuals with self-employment experience only are not eligible to apply for this teaching certificate.

Applicants using this option must meet all of the following requirements, and should review the requirements prior to submitting an application. The requirements include the following:

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- Possession and documentation of eligible self-employment experience\*
- Successful completion of an examination in physiology, hygiene and substance abuse
- Successful completion of a 24-hour introduction to teaching course
- Possession of eligible degree
- Possession of current New Jersey Athletic Trainer License

**\*NOTICE:** The New Jersey Department of Education uses the federal North American Industry Classification System (NAICS) as its standard for determining eligible self-employment experience. NAICS lists the following applicable code for the **Health Fitness Career and Technical Education Certificate #4115**:

- *NAICS Code 812990 All Other Personal Services, Personal Fitness Trainer*

NAICS Website: <http://www.naics.com/censusfiles/ND812990.HTM>

#### **Requirements:**

1. The candidate shall present a notarized letter from a tax preparer and/or an attorney verifying the following:
  - a) The applicant has at least two years (4,000 hours) of eligible self-employment in one or more of the NAICS codes identified above.
  - b) The eligible self-employment experience is within 10 years of the date of the application submitted to the New Jersey Department of Education. Self-employment experience that is older than 10 years will not be accepted.
2. Applicants must pass an examination in physiology, hygiene and substance abuse issues pursuant to *N.J.A.C. 6A:9-5.9*, including the effects of narcotics and alcohol. The examination is administered at the county offices of education. In lieu of this examination, the applicant may present basic military training or college level study in areas such as biology, health or nutrition. To obtain details regarding this test, contact a county office of education: <http://www.state.nj.us/education/counties/>
3. Applicants must complete a 24-hour introduction to teaching course through an authorized provider, which serves as an introduction to the teaching profession for those individuals who are exploring career options. Topics include classroom management, lesson planning, introduction to New Jersey core curriculum content standards, and assessment of pupil progress. To obtain information regarding this requirement, read the section titled, "New Requirement for Certificate of Eligibility," on the following website: <http://www.nj.gov/education/educators/license/advisories/applicant.htm>
5. Applicants must submit a transcript of an eligible degree as described in **PART C, Option I**, above.
6. Applicants must submit a copy of a current New Jersey State Athletic Trainer License as described in **PART B**, above.



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#### **PART F: OTHER CREDENTIALS**

Individuals who possess a degree and/or employment or self-employment experience not listed on this worksheet may submit their degree and/or employment or self-employment experience along with an application for a career and technical education certificate to the Department of Education, which will review the submission in order to determine eligibility. There is a fee associated with this service. However, the Department of Education does not guarantee that credentials submitted will be accepted by the Department of Education as satisfying the requirements for a career and technical education certificate. For more information, visit the Office of Licensure and Credentials homepage at <http://www.nj.gov/education/educators/license/>

#### **PART G: MILITARY SERVICE/TROOPS TO TEACHERS**

Individuals with military service may have obtained qualifying employment experience, education, and/or training during their military service via the New Jersey Troops to Teachers program. The Troops to Teachers program (TTT) assists eligible military personnel with the transition to a new career as public school teachers. The New Jersey TTT office will provide participants with counseling and assistance regarding certification requirements, routes to state teacher certification and employment leads. For information, contact the New Jersey Department of Education Troops to Teachers office at 800-680-0884 or e-mail [tttnj@doe.state.nj.us](mailto:tttnj@doe.state.nj.us). New Jersey Troops to Teachers Website: <http://www.nj.gov/njded/ttnj>

#### **PART H: ARE YOU LOOKING FOR A TEACHING JOB IN NEW JERSEY?**

Visit NJHire today, the New Jersey Department of Education's free education recruitment website. NJ HIRE Website: <http://www.njhire.com>